

# SPRAGUE ELECTRIC

# LOG



PUBLISHED SEMI-MONTHLY FOR EMPLOYEES OF SPRAGUE ELECTRIC COMPANY

Volume XIII

NORTH ADAMS, MASSACHUSETTS, FEBRUARY 23, 1951

Number 14

## Brown Street Employee To Receive Medal Of Honor From The French Government

Most Brown Street employees are acquainted with Gus Fourtoun and his forever happy disposition.

During World War II, one of Gus's daughters married a serviceman from the United States and subsequently came to live in this country. This was followed by a visit from another daughter who also married an American. Their letters to the rest of the Fourtoun family in France spoke so well of this country that in September of 1949, they came to the United States to make their home. He lived in Carne, a town near Monte Carlo where at different times he owned a drug store and a garage and was also a barber. When he first came to this country he lived in Winooski, Vermont where he obtained a barber's license.

At the present time, Gus is going to night school to learn the English language. When he first came to this country, he was greatly hampered by not being able to talk with people but now he can make himself understood well enough to get along. He was impressed with New York and in general with the fact that everything in the United States is in abundance and that we are a very rich country. Contrary to our popular belief, he said American girls are equally as pretty as the girls in France. Amusements are much the same in both countries except there is not as much automobile riding over there. As might be expected, not as many people in France have cars as in this country and the price of taxis is practically prohibitive.

American tourists are well received in France not only for their extravagant spending of money but because the French people find them generally likeable.

Gus served in both World Wars. In World War I, he served part of the time as a bombardier and the remainder as a member of the Alpine troops, a corp whose practices are similar to those of guerrilla troops. He received several medals including the Croix De Guerre and was named by the French

## Latest In Basketball Fashions As Previewed By The Sprague Lassies In Their Game With The Lions Club On February 18



Left to right, Marge Wittig, Dot D'Arcangelo, Lorraine Damon, Lois Greene, Vishy Wisnowski, Pat Gilmore, Janice Fowler, Clara Shaker, Laddie Meranti and Mary Gordon.

Minister of War to receive the Medal of Honor which is equivalent to our Congressional Medal of Honor. The latter medal he has not as yet received but will receive it in Boston within the month.

Drafting in France is by age only. When a person is called, there is no examination. The person immediately goes into the service.

On the subject of our present Korean situation, Gus feels that the Russians are aggressors but there won't be an all-out war for at least two years and at that time the United States will be sufficiently well-armed to win the war.

In May, 1950 Gus came to work at the Sprague Electric Company in the Industrial Oil Cover Assembly Department. He is very grateful to the people with whom he works at Brown Street for all their help.

### LOOKING FOR A RIDE

Claire Therrien who works in the P.A.A. Testing Department at Brown Street would like a ride from Notch Road to the Brown Street plant for the 6 a.m. to 2:30 p.m. shift.

Please consider others when parking your car in the Company parking lots and park correctly so there will be adequate space for everyone.

## R. C. Sprague Resigns As President of RTMA

Mr. Robert C. Sprague, President of Sprague Electric Company, has resigned as President of the Radio-Television Manufacturers Association and will be succeeded by Mr. Glen McDaniel, Vice President of the Radio Corporation of America.

Mr. Sprague had agreed to act as President of RTMA until a full-time paid president could be found. When his resignation becomes effective around the first of April, Mr. Sprague will continue as Chairman of the Board.

## Sprague Electric Company Mentioned On Radio Commercial

On February 11, on the radio program "Songs From New England Colleges" sponsored by Monsanto Chemical Company, a commercial was given to the effect that Monsanto uses Sprague Electric capacitors and that Sprague Electric Company is one of the leading industries in New England and is one of the largest and finest manufacturers of capacitors in the world.

## G. I. Dividend Checks To Start In April

In April the second special dividend checks on G.I. Insurance will start going out to policyholders, but when you get yours will, of course, depend upon the anniversary date on your policy. The amount will depend upon such factors as age, length of time in force and the size of the policy. The dividend will be tax-exempt.

If your anniversary date is January or February, you will receive your check in April. Dividend checks will be sent out two months after the respective anniversary date of your policy. The anniversary date is that month in which the policy was taken out.

If you were the recipient of the first dividend, no formal application has to be made this time.

Policies taken out up to the end of 1950 will be eligible for dividend. Therefore, servicemen who recently volunteered or were drafted will receive small dividends.

Many ex-G.I.'s have not applied for the first dividend and no deadline has been set for applications.

However, no application is needed for this second dividend provided you have received the first dividend.

## Organization of Plant Fire Brigade

Under the direction of Arthur J. Mathews, steps are being taken to form fire brigades for each of the three Sprague Electric Company North Adams plants. Personnel for the fire brigades will be selected from the various departments in the plants and from the Maintenance men. As soon as they are chosen, the personnel will be instructed in the use of first aid fire equipment. It is hoped that the organization of the fire brigades will be completed and ready to function within a month.

The formation of these brigades will insure the plants of greater protection from fire hazards. In case of an emergency, these groups will be able to control the situation until additional help arrives. The fire brigades are an important part of the stepped-up program of plant protection.

## Sprague Electric Log Articles

In submitting articles to the Sprague Electric LOG, please make sure that all names are spelled correctly.

## WRITE TO THEM

Roland R. Gagne SR.  
Recruit Co. B6 USNTS  
Newport, Rhode Island

Pvt. Gerald Hamel R.A. 21269498  
Co. A 279th Inf. 45th Div.  
Camp Polk, Louisiana

Pvt. Ray Monette 1186380 USMC  
Plt. 153 A Co.  
1st Rec. Trng. BN.  
Parris Island, South Carolina

Pvt. Herbert H. Palmer US51013298  
Sv. Btry. 145th FABN.  
Fort Hood, Texas

John B. Whiteway EnD3  
Beachmasters Unit No. 1  
U.S.N. Amphibian Base  
Coronado, California

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Kenneth Russell



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Photographer  
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Ruth Bass, Mary Bua, Janet Cady, Charles Felix, William Currant, Ann Heath, Elizabeth Jangrow, Dorothy D'Arcangelo, Gladys Kirkpatrick, Helen Lesure, Blanche Tatro, Corena Tatro, Connie Tatro, and Isabel Witherow.

"Every Sprague Employee an Assistant Reporter"

Published by the SPRAGUE ELECTRIC CO., North Adams, Mass.

QUESTION OF THE ISSUE

Should Women Be Drafted?

The following opinions were expressed by Sprague Electric employees to the question "Should Women Be Drafted."

The LOG is starting this new column and each issue will ask the opinions of several Company employees on a pertinent question.

Please send your comments in to the Editor as to whether or not you like this column.

Virginia Buda, Ceramics Department at Marshall Street:

Yes, women should be drafted in order that they, as well as men, may do their part in the event of war. Military service for women should be kept on a voluntary basis but if women were drafted into industry, many men could be released for active duty.

Betty Burdick, Employee Relations Department at Beaver Street:

In the event of war, women should be drafted into industries but only if absolutely necessary should they be conscripted into military service and in the latter case, only single girls should be taken and they should not be forced to go out of the United States.

Geraldine Coyne, Ceramics Department at Marshall Street:

No, women should not be drafted as there will be enough volunteers both to work in industry and to go into the military services.

Cliff Domenichini, Can Shop at Beaver Street:

No, women should not be drafted. Men who are classified as 4F should be taken before women and they could fill office and other jobs which women would be called upon to take. There will be many women volunteers for industry and military service and women can do their part at home in such things as civilian defense.

Dorothy Erdesky, Industrial Oil Assembly at Brown Street:

Only if it is necessary should women be drafted. In the case of military service, women who have been drafted should not be required to leave this country unless they volunteer for such duty. Mothers should not be drafted. In industries, only women who are physically able should be drafted into industry.

Florence Gross, Personnel Department at Beaver Street:

There really should be no need for drafting women. Many will volunteer for military service and industry work. Different organizations will ask for volunteers for auxiliary work which is

necessary at home. The situation should be covered adequately with volunteers.

Frank Santelli, KVA Department at Marshall Street:

Women could help a great deal by driving trucks, taking office jobs, working in hospitals, etc. They should not be sent out of the United States and no married women should be drafted into industry or military service. Probably there would be enough volunteers so that drafting of women would not be necessary.

Francis Wilson, Foreman of Ceramics Department at Marshall Street:

In our present world situation, the military services would need only about two per cent of women to carry on office jobs and the like. In the case of total war, more women would be needed but volunteers would most likely fill the need. Women would not like being drafted but would probably be very willing to help on a voluntary basis.



Renillard. The troop is sponsored by the Freeman School Parents' Association and there are 45 cubs between the ages of eight and eleven. During the National Boy Scout week, the boys had their handicrafts displayed in a local store window.



Left to right, Tom Cullen, Jr., William Piantoni and David Spencer. Standing, Don Viens, Scoutmaster of Troop 72. The boys are from Cub Pack 72.

Cub Pack 72 was formed by Tom Cullen and is operated by Edgar

Weddings



MOREAU-BROWN

On February 3, 1951, Miss Lorraine Irene Brown, daughter of Mr. and Mrs. Harold E. Brown, and Leo Arthur Moreau, Jr., son of Mr. and Mrs. Moreau, were married at Holy Family Church. The bride works in the Paper Impregnation Department and the groom is employed in the Flat Midget Assembly.

RYAN-TONDREAU

Miss Mary Agnes Ryan, daughter of the late Mr. and Mrs. Leo Ryan, was married to Joseph H. Tondreau, son of Mr. and Mrs. Joseph E. Tondreau, on February 3 in St. Thomas' Church in Adams. The bride is employed in the F. P. Assembly.

GAGNE-GARCEAU

Miss Bessie May Patricia Garceau, daughter of Mr. and Mrs. Joseph E. Garceau, became the bride of Albert Arthur Gagne, son of Mr. and Mrs. Romeo Gagne, on February 3 in the First Baptist Church. The bride is employed in the Dry Tubular Assembly Department and the groom works in the Molding Department.

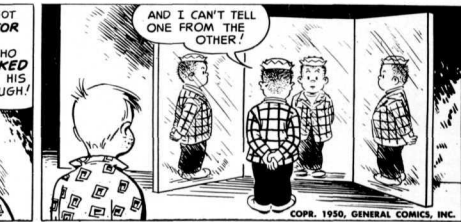
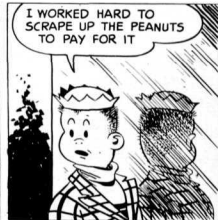
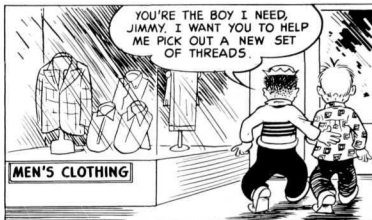
MARTIN-GAMACHE

Miss Gloria Joan Martin, daughter of Mr. and Mrs. Dennis Martin, and Kenneth Paul Gamache, son of Mr. and Mrs. Alderic Gamache, were married on February 3 in Notre Dame Church. The bride is employed in the Dry Rolling Department.

The engagement of Lorraine Dolores Roy, daughter of Mr. Orrie L. Roy was announced on February 14. Miss Roy, who works in the Small Order Department, is to be married to Michael Cirullo on June 9.

The engagement of Bernard Flaherty to Phyllis Collette, of the Dry Tubular Assembly Department, was recently announced.

Miss Lila Abraham of the Dry Tubular Assembly Department is to be married to Ronald Clark. No date has been set for the wedding.





BROWN STREET

BRIEFS

Molded Tubulars-Second Shift

By Lillian Forbush

We extend a hearty welcome to Peggy Bartlett who is with us after a few months absence.

All our good wishes to Gertrude Schmidt on her birthday.

We are sorry to see Helen Kogut leave us and hope she will enjoy working on the first shift.

Welcome to the new girls on our line. We hope you will like it with us.

Red Sheehan is back after a two-week illness and we are all glad he is feeling better.

Nellie Danforth is enjoying her vacation at home in the beautiful state of Vermont.

We have some wonderful women drivers on the second shift. The last snow storm proved that.

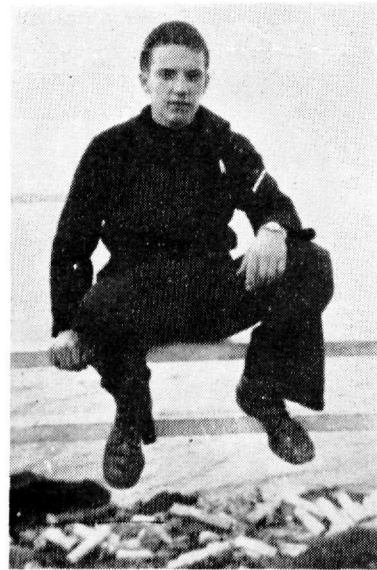
KVA Department

By Frank Santelli and Eleanor King

We would like to welcome to our department, Mary Bua, Irene Drobiak and Ruth Beaudin.

Congratulations to Milly Mahoney on her eleven years in the KVA Department.

Bill Pasotti's car was frozen again the other day. Guess you'll have to get a horse and buggy, Bill.



Michael Puppolo, son of Mrs. Harold Green of Electric Maintenance Test, who is serving on the U.S.S. Columbus which is stationed in England.

Industrial Oils

By Mary and Ann

We were sorry to hear of Hilda Coulter's accident and her subsequent hospitalization. She is doing very nicely.

Marion Collins is convalescing after her operation.

Glad to report that Evelyn Norton and Millie Garner are back to work.

Dot Pringle is doing very well and will be back with us soon.

Big surprise — Lyda Lewis is back working in our department.

We are watching the horizon for Millie Conroy.

Nellie Hall was lucky enough to go to Florida for a winter vacation.

Paul Bouchard has a new car.

Bill Sheldon gave a good performance when he sang for "Bobby Burns Night" accompanied by Ralph Dineen.

Rosalind Vincellette entertained the girls with a Valentine's Party. A good time was had by all.

Many happy returns to Agnes Houghton and Betty Roberts who celebrated their birthdays recently.

Congratulations to Marge Bailey who moved into a new apartment.

The Cronin family wish to express their thanks to everyone for their kind sympathy during their recent sorrow.

Resistor Department

By Chick and Chuck

The department is going to miss Ora Trombley who has moved to Connecticut. She was presented a purse before leaving.

Bill Martell, who joined the Marine Corp was also given a purse. Best of luck, Bill.

Our department is getting a new paint job and things are looking brighter already. With the painters overhead Margaret Cutler, Theresa Morocco and Vi Gamari took no chances of any stray drops of paint going into their hair. Boxes instead of hats were the style of the day.

Bucky Williams tells of how he had to direct Leonard Rarick to North Adams from Stamford, Vermont. Rarick took the wrong road from Bennington and wound up quite lost in Stamford.

We don't know where Russell Guerney gets his stories but they sure are tall ones.

A flashy new shirt on Red Czerwinski the other day provoked Chick Currant to ask if it were waterproof.

OUR SAFETY CORNER

GET HELP FOR HEAVY or AWKWARD LOADS



IT COSTS MORE THAN MONEY

A man borrowed a friend's car and accidentally caught the door against a telephone pole. When he returned the car to the owner, he said, "If the door is injured, let me know the cost to have it repaired." "No," the owner answered, "You have it repaired."

We often think of the cost of damage only in terms of dollars. However, a part of the cost is always the wear and tear and loss of time in attending to the repair.

When you handle equipment that belongs to someone else, remember that a repair is not only expensive, but also takes someone's time and attention from other matters.

FETED

Miss Lorraine Noel was feted at a shower on February 10 at the home of Mrs. F. K. Pierce. Miss Noel, who is employed in the Paper Ignition Assembly Department is to be married to Francis C. Pierce.

Doctor (arranging patient on operating table)—I'll be perfectly frank and tell you that four out of five patients die under this operation. Is there anything I can do for you before I begin?"

Patient—"Yes—help me on with my shoes and pants."

A financial pillar of the small-town church had passed away. His sorrowing pastor put up on the church door a little note:

"Deacon Goodman has left us. He departed for his future home in Heaven at 2 o'clock."

A postscript appeared mysteriously somewhat later:

"Heaven, 5 p. m.

"Great anxiety prevails! Nothing has yet been seen or heard of Deacon Goodman!"

MARSHALL MUSIC

Maintenance Dept.

By Audrea Bowen

Albert Blondin, Pete Solari, Francis Bourdon and Albert Reopell, Jr. have joined the Navy. Good luck to you, fella's, and smooth sailing.

Smiles of happy owners of new cars: Dorothy Buzzell in her new Nash and Tom Dion in his new Ford.

We would like to welcome to our department, Regis Lamphear, who joined our office force on January 16. We hope you will enjoy your work, Ree.

Wallace Daniels is enjoying his new home which he purchased recently in Williamstown. Wally says there is nothing like being a home owner after all these years in apartments.

Electric Maintenance Test

By E. B. Ryan

In this our first contribution to the LOG, may we hope to find a welcome mat awaiting our first hesitant steps. We pledge ourselves to follow in the steps worn in the friendly Sprague Electric path that looks out upon an over-wrought world. We shall try to mingle the joyous carefree moments with the serious interludes to help compile a fellowship of friends and memories.

We feel that under the capable guidance of our Jack Fabricius and our supervisor, George DeGrenier, we are putting our shoulders to the Sprague Electric Company wheel of Progress and that through the medium of these pages you will soon know us all.

February gave America one of its greatest presidents and this month we too help our own Charlie Lincoln celebrate another birthday. May you have a great many more and always happy ones, Charlie.

Mrs. Harold Green is welcomed back after a leave of absence. It seems like old times having you back, Alice.

Eddie Shaker has a new television set and what with baby sitting nights and watching television, Eddie and the "Sandman" are fighting it out days.

Retail Sales

By Hit N' Run

Birthday greetings to Lorraine Lavigne who celebrated hers on February 13 and to Avalina King who celebrated hers on Valentine's Day.

Marie Bressette's engagement to Harold Sharron, who works in the Formation, was recently announced. They will be married on May 5. Our congratulations to both of you.

We all wish a speedy recovery to Doris Patenaude who is ill at her home.

We also miss Lorraine Lavigne who is taking a two-week leave of absence. Welcome back to Audrey Burdick.

Dry Tubular Assembly

By Sparky

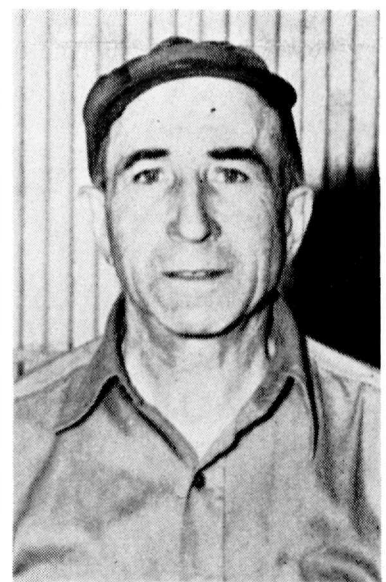
We all miss Claire Chalifoux and wish her the best of luck.

We all miss Gisele DelNegro who is out for a short time and hope he will hurry back.

Jay Strange recently left for the service and we wish him loads of luck.

We extend our deepest sympathy to Mary Bourdon whose brother recently died.

Our sympathy is extended to Helen Harrington and her daughter on the recent death of Mrs. Harrington's granddaughter and Alma Smith's niece.



Augustin Fourtou who came over from France in 1949 and is now employed at the Brown Street plant of the Sprague Electric Co.



1. Robert, Thomas, Helen and Carol Ann, children of Mr. and Mrs. Domenic Siciliano. The mother, Helen, works in the Final Solder Department at Brown Street. 2. Donna Lewis, daughter of Lyda of the Molded Tubulars. 3. Ida Scaia on her vacation in Italy in the summer of 1950. She works in the Miscellaneous Paper Assembly Department. 4. Jimmy Cozzaglio, son of Lucy Cozzaglio of the A. C. Department. 5. Alan and Paulette Gagne, grandson and granddaughter of Mrs. Harry Rondeau of the Resistor Dept.



## CUB PACK 72



The two leaders of Cub Pack 72 are standing at the left, Edgar Remillard and at right Tony Abusi.

## Shining Blades

By Charles Felix

The Berkshire Hills speed skating championships were recently held in Pittsfield with several local youngsters competing. The television set offered by the Pittsfield skating club to raise funds for its activities was won by Judith Kelyer of 100 Galvin Road of this city. The drawing took place at the skating meet.

The only local youngster to win a prize in the speed skating events was Bobby Dunn who placed second to Ken Lebel, North American Champion, in the one sixth of a mile for juvenile boys. Danny Foster, Jr. who is competing in the midget class for the first year did well by placing second in his trial and fourth in the final. Frank Rose and Dick Simard also competed in the Pittsfield meet but falls in the trial heats eliminated both.

Dunn and Simard did not compete in the first days races at Pittsfield because of a one day suspension given them because they competed in the Silver Skates Derby in Boston the week previous. The matter was cleared up so the youngsters were able to get into the races on Sunday.

The only local skaters to place in the indoor meet at Troy, New York were Dick Simard who placed third in the 440 yard juvenile boys' event and Bobby Dunn who reached the finals in both the 220 and 440 yard dash and placed fourth and fifth in the respective races.

The local lads are competing against the best skaters in the United States and can hold their own against all of them.

Perhaps it wouldn't be a bad idea if the North Adams Skating Club re-organized and put a team in competition. What these particular youngsters are doing, other local youngsters perhaps could do if given the opportunity.

### But Don't Forget To Lift The Hood!

If George has a hobby, it must be shining that car of his. As one of his neighbors put it, "George has spent more time shining his car than he has riding in it."

Over at the local garage, however, Mike, the mechanic, told us a different story. "Yes," he said, "George does have a nice-looking car; keeps it up like a new model, except for one thing—he never looks under the hood. Someday George is going to have the nicest-looking car in the junk yard."

Dr. Brown, whose car Mike was fixing, overheard this conversation. "Fellows," he said, "I know exactly what Mike means and see it in my own

work all the time. People who look good and make a neat appearance forget to have a periodic medical examination. I see them only when something goes wrong. Far too many people worry more about outside appearance than inside health."

"As a mechanic," continued the good doctor, "Mike knows how important it is to give a car a regular check-up. Good care inside and out will sometimes add years to the life of a car!"

Soon the conversation touched on heart disease, which Dr. Brown said was the most common cause of death. He remarked that thousands of persons with damaged hearts live happy, comfortable lives because they are co-operating with doctors in giving their hearts a chance. Many who will die from heart disease might have lived useful and longer lives with regular care and treatment, he pointed out.

"Remember this," said Dr. Brown as he started to drive his car away: "the heart is an amazing machine. It's called on to pump from nine to ten tons of blood each day. Mike can tell you that an engine has to be in darn good shape to operate in that fashion 24 hours a day for a lifetime."

#### Have a Regular Check-up

One sure way to avoid serious trouble is to have a periodic medical examination at least once a year. If the doctor finds you have heart trouble, he will always tell you, because he must depend upon your cooperation.

There are some symptoms, however, which should always be investigated, because they indicate the need of medical attention whether they are due to heart trouble or not. Any discomfort—particularly pain in the chest—which is directly related to exertion or excitement; shortness of breath when at rest or exertion which has not caused breathlessness in the past; difficulty with breathing while lying flat in bed; and swelling of feet or ankles are all symptoms that should be promptly investigated.

If you think you have heart disease, see your doctor. If he says your heart is sound after a careful examination, believe him. If he tells you that you have any form of heart disease, do as he says. It is better to have your doctor discover heart trouble in a periodic medical examination than after serious symptoms develop.

A farmer instructed his hired man, who had been with him for a number of years, to write on each egg the date laid and the breed of the hen. Pretty soon the hired resigned.

Farmer—"Why do you want to leave?"

Hired Man—"I'm through. I've done all sorts of jobs, but I draw the line on bein' secretary to a bunch o' hens."

Teacher—"Now, Tommy, tell me where elephants are found."

Tommy—"Elephants are such very large animals they hardly get lost."

# SPACE SAVERS FOR THE HOME BUILDERS

*Photo I: Closet Lighting*—A spacious bedroom closet with built-in drawers and shoe rack is ingeniously lighted to form a complete dressing unit for a man. Mounted in the ceiling just inside the door is a 30-watt Fluorescent strip lighting fixture which furnishes general illumination for the closet and light for seeing inside the drawers. This lamp is shielded by the front of the overhead drawers. Illumination for the suit rack comes from a 20-watt fluorescent lamp mounted beneath the overhead drawers, and the shoe rack is illuminated by a single-lamp 15-watt fluorescent fixture mounted against the back part of the floor beneath the raised translucent plastic shelf. The door of the closet is utilized for a mirror and tie rack, with the lighting concealed beneath the raised translucent plastic shelf. The door of the closet is utilized for a mirror and tie rack, with the lighting concealed beneath two 5½" deep cornices. A 15-watt

fluorescent lamp lights the mirror and a miniature 6-watt fluorescent lamp illuminates the ties.

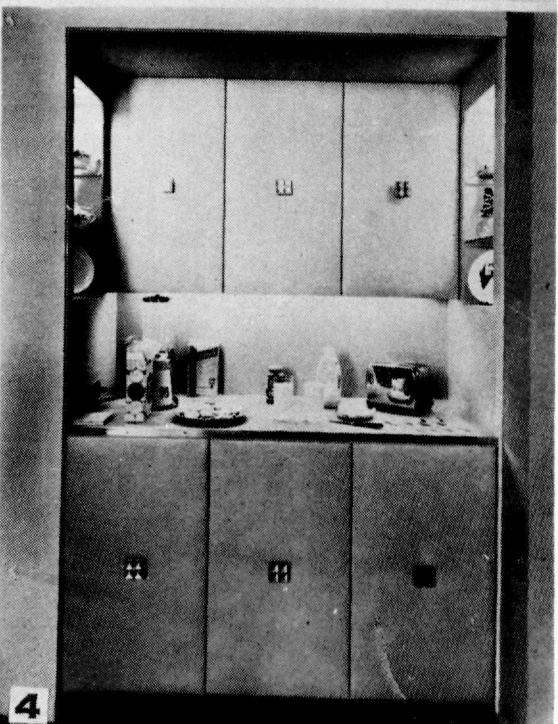
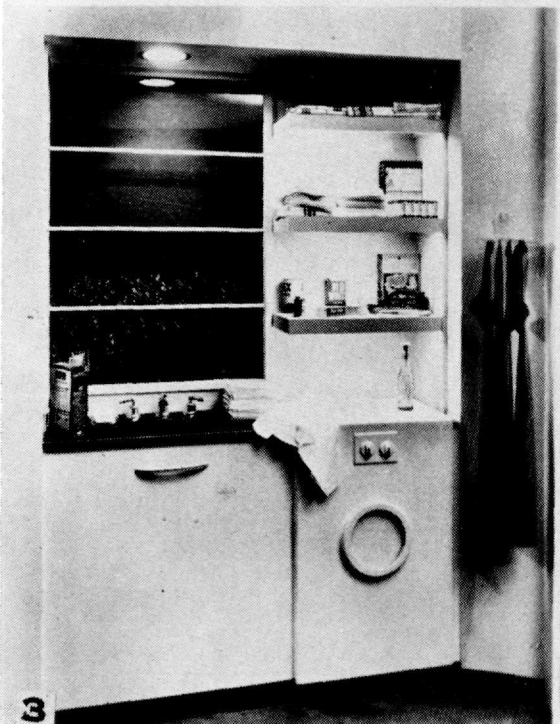
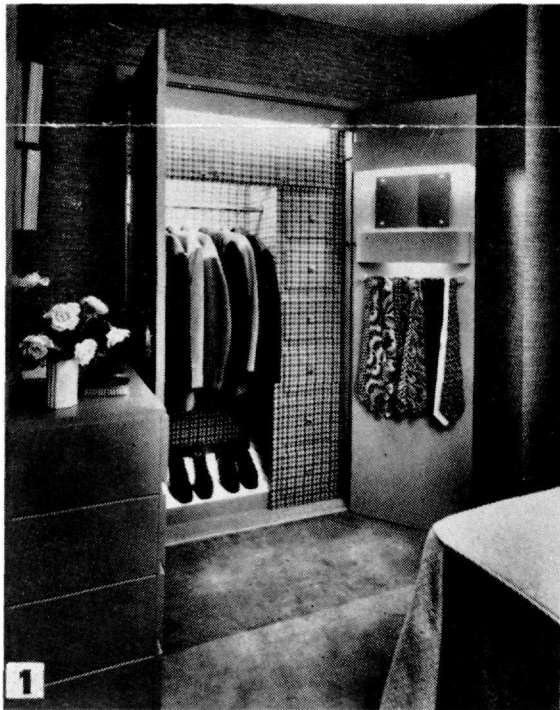
*Photo II: Lighted Hobby Or Home Office Alcove*—This stamp collection alcove can be built from an extra closet or small space under the eaves of the second floor. The cornices extending along the walls conceal one 40-watt and two 15-watt fluorescent lamps for general illumination and dramatic effect, while the standard two-lamp fluorescent ceiling fixture directs additional light down onto the counter, with a minimum of shadows on the working surface.

*Photo III: Upstairs Launderette Lighted For Convenience*—This small, second-floor laundry for rinsing lingerie and stockings or for washing diapers can be built into an upstairs hallway or closet to save steps and eliminate the annoyance of wet clothes in the bathroom. A 13-watt miniature fluorescent lamp is concealed beneath each of the

three shelves to illuminate the shelf beneath, with the lamp mounted 2" back from the inner edge of a wooden valence. The valence itself is 2" deep. For lighting the sink, a 100-watt incandescent bulb is recessed into the ceiling. This same type lighting can be extended to a regular first floor or basement laundry.

*Photo IV: Lighted Snack Bar*—Another suggestion for utilizing a small space is this upstairs snack bar which can be used for a quick bite late in the evening or for preparing a baby's formula. One 40-watt fluorescent lamp is concealed beneath the overhead cabinet to illuminate the counter, and incandescent bulbs are recessed into the ceiling of each side shelf area to highlight the china on the shelves. The doors beneath the counter conceal a small refrigerator and an electric hot plate.

Courtesy of  
Sylvania Electric Products Co.



# The Distaff Side . . . . . For the Girls



Sunday Dress for Cinnamon Rolls is this glazed Curlicue Coffee Cake. Each person pulls off his own roll -- or two or three.

## Curlicue Coffee Cake

1 package yeast, compressed or dry  
1 cup lukewarm water  
1/2 cup milk  
2 tablespoons shortening  
1/2 cup sugar  
1 teaspoon salt  
1 egg  
1/2 teaspoon grated lemon rind  
2 1/2 cups sifted enriched flour (about)  
2 tablespoons melted butter or margarine  
1/2 cup sugar  
1 teaspoon cinnamon  
1/2 cup Confectioners' Sugar Icing

Soften yeast in lukewarm water. Scald milk. Add shortening, 1/2 cup sugar and salt. Cool to lukewarm. Add 1 cup flour. Mix well. Add egg and lemon rind. Beat well. Add softened yeast. Mix well. Add enough more flour to make a soft dough. Turn out on lightly floured board and knead until satiny. Place in greased bowl. Cover and let rise until doubled (about 1 1/2 hours). When light, punch down. Let rest 10 minutes. Roll out to rectangle 8 inches wide and 1-inch thick. Brush with melted butter or margarine. Combine 1/2 cup sugar and cinnamon and sprinkle evenly over dough. Roll each side toward center as if making thin jelly-roll, leaving about two inches of space in center, place on greased baking sheet. Cut each roll into 1-inch slices as for Swedish Tea Ring. Turn in every other slice of each roll toward center, laying each slice slightly on its side. Let rise until doubled (about 1 hour). Bake in moderate oven (350°F.) about 25 minutes. Glaze with Confectioners' Sugar Icing.

Makes 1 Coffee Cake.

## CURLICUE COFFEE CAKE

It's easy to give those fragrant cinnamon rolls a new twist. You can even turn them into a coffee cake, as Curlicue Coffee Cake proves. Made up of tiny cinnamon rolls glazed with icing, this coffee cake is pretty to look at, delicious to eat, and full of good nourishment.

Enriched breads such as Curlicue Coffee Cake play an important part in a well-balanced diet. They are one of the thriftiest ways to supply such essential food values as B-vitamins, iron, protein, and food energy. You provide your family with all of these health-giving nutrients every time you serve products made with enriched flour, whether they are plain breads, rolls, coffee cakes, biscuits, muffins, puddings, cookies, or cakes.

In making the Curlicue Coffee Cake, knead the sweet yeast dough from five to ten minutes until it is satiny smooth. Then set it in a greased bowl, cover, and allow to rise in a warm place (80 to 85°F.) away from drafts until it has doubled. When the dough is light, punch down by plunging fist into the dough and folding the edges toward the center. Let rest 10 minutes to make it easier to shape.

Follow the same procedure in making Curlicue Coffee Cake as for cinnamon rolls. However, after cinnamon-sugar has been spread over dough, roll up from both ends instead of just one, until rolls almost meet. Place on greased baking sheet, then cut both rolls into inch-slices and turn every other slice toward center, laying each slice slightly on its side. Let rise again until doubled before baking.

## RECIPES

### Corn Bread

1 1/2 cups corn meal  
1 cup boiling water  
3 tablespoons melted butter  
1 teaspoon salt  
1 cup flour (sifted)  
1 cup milk  
1 cake yeast  
2 1/2 cups coarse whole wheat flour (sifted)  
2 1/2 cups medium whole wheat flour (sifted)  
2 1/2 cups fine whole wheat flour (sifted)  
Dissolve yeast and sugar in lukewarm water. Add butter, scalded milk, and salt. Add coarse flour, mix well, add rest of flour, keep dough soft. Place in well-greased bowl in warm place, let rise, double its bulk. Form in two loaves, place in well-greased pans and set to rise one hour. Bake one hour in slower oven than for white bread (350°F.) in greased loaf pan.

### Orange Bread

5 teaspoons of butter  
1/2 cup of sugar  
1 egg  
3 tablespoons of orange rind chopped  
1/2 cup of milk  
1/2 cup of orange juice  
2 cups of flour  
4 teaspoons of baking powder  
Cream butter slowly, add sugar, orange rind chopped fine and well-beaten egg. Add orange juice and milk alternately with flour, baking powder and salt which have been sifted together, mix thoroughly, let stand 30 minutes and then bake in moderate oven (350°F.) for one hour.

Recipes submitted by Ann Heath

## Figures Don't Lie

Take a look around the room, pause in the bus or train terminal and study the effect that posture has on appearance. You won't have any trouble spotting the person who stands erect and well balanced. He radiates ease and self-confidence. Many attractive persons, on the other hand, lose poise, appeal, and fail to create a 'winning impression because of posture defects.

Now, judge your own appearance. Ask yourself if you are permitting poor posture to rob you of attractiveness. Remember that the impression you make is important not only in holding friends or in getting ahead in your job, but also in building your own self-confidence.

Your success, perhaps in more ways than you think, depends on the way you look and feel. Posture has a good deal to do with your physical and mental health. When your body sags, your spirit and ambition seem to sag. If you feel well, you are sure to do a better job, and get a good deal more out of life.

## Maybe Posture Is To Blame

Serious faults in posture and poor body mechanics in general, may lead to definite physical ailments, as well as many vague aches and pains. Backache and foot trouble are among the common complaints.

Most simple posture problems can be solved by yourself. Give some thought to your posture at work, at play, at rest. Learn to move smoothly and without strain. Learn balancing and counter balancing of all body parts while your body is in motion. Use your body weight wisely in all activities requiring effort. Distribute the work load by having the entire body participate.

**Standing** — Try to stand erect, yet at ease, so that all parts of the body will be well balanced — knees in an easy position neither bent forward nor thrust back. You may vary the position of your feet, but avoid placing too much weight on the inner border of the foot because this tends to flatten the arch. Your spine has natural curves, but these should not be exaggerated. Your shoulders should be relaxed. If your head is well balanced and your spine has its natural curves the shoulders will fall in line without effort. *Never pull your shoulders back.* That would be the wrong approach.

**Sitting** — Your hips should be far enough back in the chair seat to allow your thighs to be supported on the chair. Thus, if you want to lean back in the chair, your entire back will be supported. When you sit at a table, as in writing, pull the chair close to the table, lean forward from the hips and support the arms on the table. This way you can do your work comfortably without slouching.

**Walking** — Feel at ease when you walk. Use the natural falling forward motion of the body and let your leg swing freely and land softly on your heel. In other words, a smooth, continuous motion — no jerks, no jolts.

For medical problems which may affect your posture (fatigue, overworked, poor vision, poor hearing, etc.), consult your doctor. These and many other factors make up your total postural picture and affect your feeling of well being as well as your appearance.

## SPRING INTO SUMMER FASHION HIGHLIGHTS

Gather round, girls — here are the latest rayon fabric highlights to carry you from spring right on into summer. It's time to start planning your wardrobe, especially if you're a clever sew-it-at-home girl. But no matter whether you make your own smart new clothes, or buy them at your favorite store, you'll want to know what is the newest and prettiest in the fabric line-up for the coming season.

**Sueded Rayon** — Here's a brand new fabric with all the good looks of real suede, and none of its apt-to-mark tendencies. A soft, durable fabric made with Avisco yarns, sueded rayon is a perfect choice for handsome spring coats with the new pyramid lines. You'll like it for summer jackets, and for tailored sportswear, too.

**Rayon Prints** — That old favorite, the 100 denier rayon print, is another springtime star. But this year's rayon prints look really new and exciting. Designs were inspired by ancient cultures — bizarre old Mexican, Madagascan, African and Peruvian Indian influences have been translated into exotic prints in truly beautiful colors. Plum and lavender, copper and gold, lime and sun yellow — all would make a truly distinctive spring dress. One good idea is to make a print dress with a butcher linen jacket that picks up a color from the print. Then, for the final coordinating touch, line the jacket with the dress print.

**Plaid Taffeta** — Plaids are still popular, and this springtime sees them appearing in crisp smooth rayon taffetas, perfect for colorful touches in coats and suits. Plaid taffeta linings are an eye-catching style — so becoming that they've inspired some completely reversible coats, solid taffeta on one side, plaid on the other. You'll see plaid taffeta used for trimming too, in bright accents at collar, cuff, and wing-like bows at the neck. If you prefer your suit and coat plain and unadorned, try a bright plaid touch in a smart taffeta blouse!

**Novelty Weaves in Rayon Sheers** — Wait till you see the new rayon sheers! Novelty weaves are making news this year — there's enough variety for every style, yet all are in exceedingly good taste, without being garish or fussy! For casual and office wear, look for comfortable rayon sheers made with a wonderful thick and thin texture, with thick rustic yarns woven through the smooth sheer fabric. Another new sheer with tiny tucks actually woven right into the fabric is perfect for a classic shirt-waist dress — and think how easy to make a ticked bodice with the tucks already right there!

For your dressier clothing this season, you'll like the pretty pastel rayon organza with a tiny plaid design woven through in gleaming metallic

thread — gold, silver, or copper. Perfect for a summer evening gown, or for a party-going halter dress with bolero jacket! Another dressy looking fabric is a shadow stripe sheer, made with narrow satiny stripes alternating with the finest sheer. Wear it in pastels for afternoon and evening, or in navy or black for daytime.

## Tried-and-true Rayon Tricot

A perennial favorite for spring and summer wear is good old rayon tricot. In easily laundered run-proof and stretch-resistant weaves, tricot is now made with patterns knitted right into the fabric. It's used for everything — blouses, lovely full skirts, cool lingerie and beautiful, draped evening gowns.

**Sunset Pink** — Fashion authorities predict that Sunset Pink will be the color to wear this spring and summer. Sunset Pink will be available in three shades: Mountain Sunset, which is pale, Desert Sunset, a medium pink, and Valley Sunset, a deep pink. Pink will be the color of all types of women's clothing from dresses and evening gowns to hats, shoes, coats, bathing suits, gloves, robes, and playclothes. Elizabeth Arden's "Desert Pink" make-up harmonizes with the pink shades. This color trend should be very successful as pink is flattering to most women.



**If You Make Your Own** — It is important to choose your patterns with the 1951 style trends in mind. Dresses will feature slim, youthful lines and nipped-in waist lines. Narrow skirts will still be favorites, but fuller skirts with pleats, the insertion of godets, and circular cut will make their bid for popularity. The sheath dress with a fitted jacket and the sleeveless dress with mandarin collar and patch pockets will be seen frequently. Sleeves will be big. The shoulders will retain their natural line, although some must be slightly padded to obtain a natural look. Necklines will be wide, low, and outlined by upstanding cuffs. Suits, coats, and dresses will be accentuated by white ascots, blouses, and cuffs.

The flattering dress pictured is Simplicity Pattern Number 3477.

## What's Your Favorite Recipe

The Women's page of the Sprague Electric Log would like to print your favorite recipe. Send it in to the LOG desk at the Beaver Street plant.



SPORTS

Kenny Russell



Left to right: Harold L. Carson, Walt Drogo and Bucky Bullett. In the baseball season, Mr. Carson and Mr. Bullett are on a half hour program "Warm Up Time" which is on the air just before the ball game.

WILLIAMS SPORTS

Basketball:

Coach Al Shaws' brilliant quintet has now won 11 of 16 contests. Latest wins were over Boston College and Middlebury.

It was a feather in the caps of the "Ephmen" when they defeated highly touted Boston College in Lasell gym before an enthusiastic homecoming crowd that pack-jammed the huge gymnasium. Score, 55-48.

Not only did they definitely out-play Boston College but put up as tight a defense as we have witnessed in some time. The shooting was not so spectacular but the tempo of the game coupled with some very sharp foul shooting kept the game moving at a spine-tingling pace.

Big Harry Sheehy again capped scoring honors, but sharp shooting by Larson and Speck and some great ball handling by diminutive Wyn Schmidt was also instrumental in the "Purple" win.

The Middlebury game was close for the first period and one half. After that Williams pulled away to annex an other easy win.

Once again Sheehy scored heavily but took honors with Don Speck who had a big night for himself.

Swimming:

Coach Bob Muir's "Purple Natators" have won 5 out of 6 matches to date. Springfield and Bowdoin have been the latest opponents to be "dunked".

Northern Berkshire High School Basketball--Pittsfield High Cops Northern Berkshire Pennant

Pittsfield High completed its league schedule with a thrilling win over Adams 56-53 and thereby annexed the Basketball Crown with 11 wins in 12 contests. The only defeat on this grand record was inflicted by the Drury "Blue Devils" here in the Armory.

The last week of the schedule saw the "Purple" down both arch-rivals Pittsfield St. Joseph and Adams.

Pittsfield St. Joseph gave the Public School many anxious moments during the first three quarters of the game but faded early in the fourth period, gamely rallied but fell victim by the score of 48-43.

Adams High fought the "Foxes" right down to the last minute and were edged out in these final seconds—score 56-53.

Drury closed its season with a defeat, suffered at the hands of Dalton in the Paper Town.

Dalton playing on its home surface has been a tough club to beat and all teams in the circuit have been extended to win.

Drury wound up with a 500 average winning 6 and dropping the same number.

Oddly enough, outside of the game with Local St. Joseph, Drury failed to win outside of the North Adams State Armory. They broke even in games played with everyone but Williamstown. The College Towners took both games, but Drury evened this off the ledger with easy wins over local St. Joseph.

Local St. Joseph and Drury were handicapped with injuries during the season. Especially so for the Parochial team and Coach Bill Barry really was the victim as his quintet failed to win a game.

Here are the final standings (except for a game between St. Joseph of Pittsfield and Adams).

	Won	Lost	Pct.
Pittsfield.....	11	1	.933
Adams.....	8	3	.727
St. Joseph (Pitts.)	7	4	.636
Drury.....	6	6	.500
Williamstown....	5	7	.416
Dalton.....	4	8	.333
St. Joseph (N.A.)	0	12	.000

The following players are our pick for all-star selection.

FIRST TEAM

Player	Pos.	Team
Russell	F	Pittsfield
Bury	F	Adams
Broderick	C	Pitts. St. Joseph
Viani	G	Pittsfield
Rodovick	G	Adams

SECOND TEAM

Mayes	F	Pittsfield
Maloney	F	Pitts. St. Joseph
Yeadon	C	Drury
Lawton	G	Drury
Koperniak	G	Adams

Honorable Mention: Scott and Reardon, North Adams St. Joseph; Barnini, Keeping and Lippen, Williamstown; Quinlan and Poulin, Pittsfield St. Joseph; Snook and Bourassa, Pittsfield; Callahan, Christianson and Steele, Dalton; Josefiak, and Noel of Adams; Truehart, Montesanti, and Mancini of Drury.

Most Valuable Player: "Chet" Bury of Adams.

Swimming:

Don Jones of Williams is proving to be a very valuable performer with his ability in the 220-440 and 880.

Squash:

One of the best squash teams in years can be seen at Williams. Coach Chaffee's squad captained by Bud Treman has already racked up wins over M.I.T.; Princeton, Yale, Trinity and Dartmouth, losing only to Harvard ranked No. 1 in the country.

Wrestling:

The "Purple Grapplers" have yet to win but have made all adversaries step to win. Coach Ed Bullock's boys have tied Springfield but absorbed defeats at the hands of Brown, Coast Guard, and Harvard.

Hockey:

Only 1 game has been played by the Williams "Buckmen" at Cole field this year. All contests have been played at R.P.I.

In eight contests to date the charges of Coach Frank Bell have won only 1 and that was over R.P.I. in Troy.

The most one-sided game was the whipping given out by Harvard. The score was 21-4.

However, due to the weather conditions and successive injuries, the "Ephmen" have been severely handicapped.

Freshman Basketball:

The "Yearlings" have shown great ability this season and have now won 7 out of 8 contests to date. The only loss was a close 49-52 contest to University of Massachusetts Freshmen.

THE SQUARE RING

By Peter Mancuso

Sugar Ray Robinson, the newly crowned Middleweight world's champion finally succeeded in getting the title. He showed the fight fans that it is going to take a better man to beat him.

Ray has now relinquished his Welterweight title. This leaves Kid Gavilan, Billy Graham and Charlie Fusari the top three in the class to fight it out.

George Costner was ranked number one welterweight contender when he defeated the lightweight king, Ike Williams, but his license was suspended because of poor vision.

No matter how much precaution is taken in boxing contests, danger will always exist.

The fatal fight between Sonny Boy West and Percy Bassett is one of them. Both boys passed the physical standards of the medical board. Bassett is rated third in the featherweight division and Sonny Boy was rated sixth in the lightweight class.



MEN'S BOWLING

The Can Shop still holds a slim lead over the Lunch Room at this writing.

Below are the top ten bowlers and their averages:

Frank Raby.....	103.5
Joe Lipa.....	101.7
George Forgea.....	101.4
Walt Rogowski.....	99.3
Joe Allard.....	99.2
C. Estes.....	98.0
G. Boucher.....	97.8
H. Saunders.....	97.7
Frank Santelli.....	97.4
L. Segala.....	97.1
T. Zanette.....	97.1



BOWLING

In Pittsfield on the Pastime Bowling alleys, one of the largest team scores for 5 men ever rolled with candle pins was recorded.

The Cayburry Plumbers, members of the Berkshire Country League compiled the amazing team score of 1822.

Here is the record score:

Bannick.....	126	127	118	—	371
Hood.....	133	116	123	—	372
Bianchi, Sr.....	115	124	129	—	368
Roberts.....	122	118	130	—	370
Scipione.....	130	122	89	—	341
Totals.....	626	607	589	—	1822



SPRAGUE ROYALS

The Sprague Royals pulled off the upset of the season for their cause when they upended the Cartier Club in a thriller — 41-40.

With less than a minute remaining the Royals were leading by 4 points but the Cartier lads, winner of some 21 contests, rallied to tie the score.

With only some 15 seconds left to go the Cartier Club took the lead but then with dramatic suddenness, McPherson sunk a set shot from half-court to tie the count. Then Nel Roy was fouled as the buzzer sounded to end the game. "Nel" then calmly nettled the foul shot to win the contest.

SPRAGUE LASSIES

The Lassies continue to roll on — 2 more victories chalked up. In a preliminary to the Crusaders Cover Girls game, the Sprague Lassies took on the "Old Timers".

This game was a riot of fun and the final score was 15-14 in favor of the Lassies.

The Cover Girls gave a grand exhibition of basketball before a large enthusiastic crowd that turned out for this unique double header.

That same evening the Lassies journeyed to Albany and won over the Albany Youth Center Girls, 36-14. Miss Wisnowski featured in this contest.

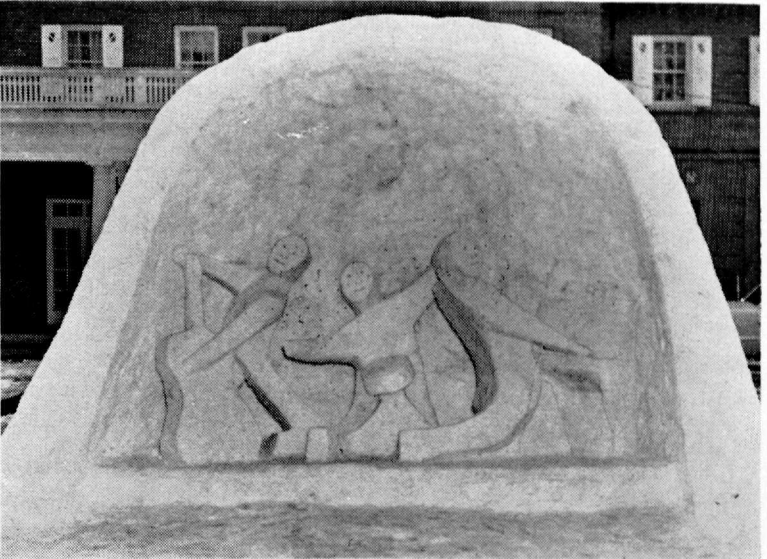
Sprague Lassies

	B.	F.	P.
V. Wisnowski, lf.....	3	1	7
P. Gilmore, rf.....	0	0	0
D. D'Arcangelo, gf.....	0	0	0
L. Damon, c.....	0	0	0
M. Gordon, c.....	2	2	6
L. Greene, lg.....	0	0	0
L. Moranti, lg.....	1	0	2
M. Wittig, rg.....	0	0	0
Totals.....	9	5	23

Youth Bureau

	B.	F.	P.
Lamburro, rg.....	0	0	0
Lansing, rg.....	0	0	0
Kusniski, lg.....	0	0	0
Campbell, c.....	1	2	4
Novak, c.....	1	0	2
Howe, c.....	0	0	0
Krisniski, c.....	0	3	3
Tiano, lf.....	0	0	0
Wolfe, lf.....	0	0	0
Totals.....	2	5	9

Referee: T. Bissailon.



WILLIAMS COLLEGE

The Mid-Winter Carnival has come and gone and so has the snow. However, the snow sculptors did manage to stock up enough to display some very unique and artistic snow scenes, depicting dragons, animals, and figures.